**Prescription Drug Use Test: STUDY GUIDE**

Some Prescription Drugs that are abused:

* Ritalin
* Xanax
* Vicodin
* Adderall
* Oxy
* Valium

FACTS:

* 5% of the world population is addicted.
* 90% of prescription drugs are consumed in the United States.
* Addiction occur in as little as 5 days.
* The majority of heroin users start with prescription drugs.
* ⅘ heroin users used prescription drugs first.
* In 2014 1,256 deaths in MA from opioids (4 people a day) and does not include overdose numbers.
* More than ½ of people that take opioids gets from a friend or relative.
* People switch to heroin because it is cheaper and prescription drugs get expensive.
* In 2014, 15.3 million people aged 12 and older used prescription drugs non-medically.
* 16,000 people die from opioid related overdoses every year.
* More than 50% of people who abuse prescription drugs get them from friends or family for free.
* 24% of high school students have abused prescription drugs.
* 20% of teens who have abused prescription drugs said their first time was before the age of 14!

Prescription drugs vs. over the counter:

* Prescription drugs have to be:
  + Ordered by a doctor
  + Bought at a pharmacy
  + Ordered for and used by one person
* Over the counter drugs:
  + Can buy without a doctor's note
  + Can be bought off the shelf in store aisle
  + May be used by more than one person for more than one symptom

DXM is used for:

* Cough suppressant

Depressants are used for:

* Anxiety
* Sleep disorders
* Seizures
* Sedation

Depressants, Short-Term Effects:

* Slowed breathing
* Slurred speech
* Drowsiness
* Poor concentration
* Impaired coordination
* Dizziness
* Impaired memory
* Impaired judgement

Depressants, Long-Term Effects:

* Addiction
* Impaired sexual function
* Chronic sleep problems

Stimulants are used for:

* ADD/ADHD
* Narcolepsy
* Obesity

Stimulants, Short-Term Effects:

* Fast heart rate
* Loss of appetite
* Increased blood pressure
* Hallucinations
* Alertness and agitation
* Energy and restlessness
* Increased breathing

Stimulants, Long-Term Effects:

* Addiction
* Paranoia
* Agitation
* Hostility

Opioids are used for:

* SEVERE pain

Opioids, Short-Term Effects:

* Constipation
* Slow breathing
* Nausea
* Drowsiness
* Confusion
* Headache

Opioids, Long-Term Effects:

* Addiction
* Chronic constipation
* Tolerance

Overdose Effects (depends on what drug):

* High blood pressure/ low blood pressure
* Irregular heartbeat
* Hyperthermia/ Hypothermia
* Seizures
* Hallucinations
* Kidney and liver damage
* Muscle breakdown
* Multiorgan failure
* Trouble breathing
* Coma
* Death